

Wcbp Rowing

Mission statement: to provide all Wcbp members the opportunity to safely experience and learn the basics of rowing the Van Duyne Lifeboat. To provide all Wcbp members the history, heritage, evolution and the role of the lifeboat in ocean lifeguarding.

Pre season preparation:

- Inspect all lifeboats for any defects requiring repairs
- Prep all lifeboats (i.e. painting, oar locks, rails, etc) to be functional
- Move all lifeboats deemed operable onto trailers to Wcbp HQ beachfront
- Bundle functional oars in sets of 5: 2 bow oars, 2 stern oars, 1 spare
- Store bundled oars in designated area (i.e. Central shed)
- Set up each lifeboat with bow seat & footboards, stern seat and footboards, plug (s), bailer bucket

Rookie school rowing instruction

- Identify experienced rowing instructors
- Designate a group of instructors on days whereby conditions allow for instruction
- Depending on the number of rookie candidates a schedule is to be put together to allow for 1-2 candidates to work with an instructor for approximately a minimum of 1 hour instruction
- Rowing instruction will be based on the South Jersey Chiefs Association recommended 2022 Rowing Instruction Protocols
- Any candidate under the age of 18 will need written parental consent

In season Rowing

- Qualified rowers who have demonstrated proficiency in handling and rowing may be permitted to use Wcbp rowboats and equipment before, during and after the regular Wcbp working hours with the permission of the Chief or his designees
- Wcbp personnel using any rowing equipment will be responsible for the safety and condition of said equipment
- Personnel who have expressed interest and demonstrated proficiency in rowing skills will be encouraged to make their own seats and footboards
- Do not take another rower's equipment without permission
- All personal equipment must be removed on a daily basis and stored in the designated facility (i.e. Central shed)
- Wcbp oars may be assigned to qualified/experienced rowers and will be the Rowers responsibility for proper care and storage
- Wcbp personnel using any Wcbp rowing equipment (boats, oars, seats, footboards, trailers) are responsible to report any damage or loss to Chief or designee
- When taking boats to and from the water's edge, assist one another-"Many hands make light work"

- If practicing 'Ins and Outs', be respectful of the other crews. Make sure there is a clear path to the beach. Be respectful of the crew that has the wave first. Get out of the way asap as soon as you lose the wave in the surf
- If you are not proficient at tilling, 'Turn and Stern' to shore
- Respect the boat, trailer, vehicles, and all rowing equipment
- Leave no tracks—clean up!

Ideas to encourage/motivate participation

- Include rowing in the daily workouts on a frequent basis
- Store at least one (1) lifeboat in each sector to be used during boat layout when conditions warrant
- Assign experienced rowers in each sector to instruct novice rowers during boat layout
- Create a "wcbp rowing" club
- Enlist the aid of experienced wcbp rowers to assist/teach/row interested members
- Schedule frequent "friendly" competition events either before or after the work day
- Post the Wcbp rowing competition schedule in early June
- Frequently recognize the achievements of rowers (i.e. daily workouts, competitions, etc) YES!
- Encourage attendance to all beach competitions